Contents

Fore	eword	vii	
Preface		ix	
Con	tributors	xi	
Section 1: Management of Cervical Spondylotic Myelopathy/Radiculopathy			
1.	Conservative Management in a Patient with Neck Pain and C6 Radiculopathy Kokkula Praneeth, Raj Ghoniya, and Rajinder Kumar	3	
2.	Approach to a Patient Presenting with Neck Pain and Paresthesia with Reversal of Cervical Lordosis (Conservative Management) Kanwaljeet Garg, Rohit Bharti, and Manmohan Singh	13	
3.	Cervical Spondylotic Myelopathy due to C5–C6 PIVD (ACDF) Sarvesh Goyal and Kanwaljeet Garg	19	
4.	Cervical Spondylotic Myelopathy due to Multilevel Cervical PIVD (Multilevel ACDF) Vivek Tandon and Shashank Sharad Kale	29	
5.	High Cervical Prolapsed Intervertebral Disk (C3–C4 PIVD): Anterior Cervical Diskectomy and Fusion Raj Ghoniya, Shweta Kedia, and Deepak Gupta	39	
6.	Cervical Disk Replacement (CDR) in a Case of C5–C6 PIVD Sachin Anil Borkar, Kushagra Pandey, and Kokkula Praneeth	47	
7.	Posterior Cervical Foraminotomy in a Case of C6 Radiculopathy Het Shah, Vivek Yadav, and Manoj Phalak	55	
8.	Cervical Spondylotic Myelopathy with Focal C6 OPLL (Corpectomy and Fusion) Saransh Gupta, Surya Shrikrishna Gour, and Sachin Anil Borkar	63	
9.	Cervical Spondylotic Myelopathy with Multilevel Ossification of the Posterior Longitudinal Ligament (OPLL): Posterior Decompression and Fusion Sandeep Mishra and Kanwaljeet Garg	73	
10.	Cervical Spondylotic Myelopathy due to Multilevel PIVD (Cervical Laminoplasty) Santanu Bora, Raj Ghoniya, and Sachin Anil Borkar	83	
11.	Cervical Spondylotic Myelopathy due to Multi-Segmental Degeneration Involving C2–C3 Disk (C2 Dome Laminoplasty) Rohit Bharti and Manoj Phalak	95	

Section 2: Complications

12.	Management of Intraoperative Dural Tear in Anterior Cervical Surgery Satish Verma and Sachin Anil Borkar	103
13.	Management of Pseudoarthrosis Following Anterior Cervical Fusion Surgery (ACDF) Hitesh Kumar, Sandeep Mishra, and Kanwaljeet Garg	109
14.	Management of Subsidence Following Anterior Cervical Fusion Surgery Akshay Ganeshkumar, Ravi Sharma, Amol Raheja, and Vivek Tandon	119
15.	Management of Adjacent Segment Disease Following ACDF Sarvesh Goyal, Kanwaljeet Garg, Santanu Bora, and Sachin Anil Borkar	129
16.	Management of Pharyngeal/Oesophageal Fistula Following Anterior Cervical Surgery Shashwat Mishra, Kanwaljeet Garg, and Ashish Suri	137
Sec	tion 3: Miscellaneous	
17.	Role of Assessment Scales in Cervical Spondylotic Myelopathy: AIIMS Cervical Myelopathy Score Kanwaljeet Garg, Shashwat Mishra, and Shashank Sharad Kale	149
Sec	tion 4: Annexures	
Anr	nexure 1: Modified Japanese Orthopaedic Association (mJOA) Scoring System	157
Ann	nexure 2: AIIMS Cervical Myelopathy Score	158